



COUNTY OF ROCKLAND
VETERANS SERVICE
AGENCY NEWSLETTER
Jerry Donnellan, Director

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March 2013

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WOMEN'S HISTORY MONTH

March is designated as Women's History Month. Women have served nobly in our military since the American Revolution. To recognize the service of a woman from Rockland who has served her country and her community with honor, County Executive C. Scott Vanderhoef will present a special award later this month. Here are a few notable women who have served our nation:

Margaret "Molly" Corbin



Known to her contemporaries as "Capt. Molly," Corbin accompanied her husband, John, into battle with the First Company of Pennsylvania Artillery. Corbin, along with many other soldiers' wives, served in the background as a camp follower, taking care of day-to-day tasks such as cooking, cleaning, and caring for the wounded.

However, on Nov. 16, 1776, the Pennsylvania Artillery came under attack at Fort Mifflin, N.Y. John was killed in the assault, leaving his battle station unmanned. Quickly, Corbin manned the cannon, firing on the advancing British and Hessian forces, until she had taken slugs to the chest, arm, and jaw.

The British would win the day at Fort Mifflin, taking Corbin as a prisoner of war. Upon her release from British custody as a wounded soldier, Corbin made her way →

to Philadelphia, where Congress decided to grant her rights and privileges as a disabled veteran. Congress also kept her on the rolls as a member of the Continental Army for the remainder of the war, citing her courage under fire as the discerning factor in their decision. Corbin never fully recovered from her wounds and continued to receive a military pension until her death in 1800.

Today, Corbin is the only veteran of the Revolutionary War interred at West Point Cemetery--an honor bestowed upon her in 1926 by the Daughters of the American Revolution in honor of her groundbreaking service.



1866: Dr. Mary E. Walker, the second woman in the United States to become a medical doctor, was the first and only woman ever to receive the Congressional Medal of Honor for her distinguished battlefield medical service during the U.S. Civil War. After becoming involved in the culturally unpopular suffragette movements at the turn of the 20th century, Dr. Walker was stripped of the medal, with the official reason stated being “to increase the prestige of the grant.” True to her character, Dr. Walker refused to relinquish the medal, wearing it constantly until her death. Years later in 1977, President Carter reinstated the validity of the medal.

LT Annie G. Fox is the first female recipient of the Purple Heart, which she received while serving as a nurse at Hickham Field during the Japanese attack of Pearl Harbor.



COMBAT: LIFE AND DEATH IN VIETNAM

Audio interview with Jerry Donnellan

Brian Plumridge, a multimedia journalist from Liverpool, England, is interested in interviewing other veterans about their combat experience. If you would like to speak with Brian, you can reach him via e-mail:

brian1965uk@hotmail.co.uk



- To hear the audio-interview with Jerry Donnellan, click this link → [Interview with Jerry Donnellan](#)

325 SOLDIER SUICIDES SUSPECTED FOR 2012

Sad benchmark exceeds record by 20 – By Michelle Tan – Army Times 02/11/2013

A record number of 325 soldiers are believed to have committed suicide in 2012 surpassing the previous year's total, according to numbers released February 1st by the Army.

As many as 182 active-duty soldiers committed suicide in 2012; 130 deaths have been confirmed as suicides, while the other 52 are still under investigation.

Among National Guard and Army Reserve soldiers who were not on active duty when they died, as many as 143 are believed to have killed themselves. Of those, 117 deaths have been confirmed as suicides and 26 are still under investigation.

Of the 325 soldiers believed to have committed suicide last year, 247 deaths have been confirmed as suicides and 78 are still under investigation.

Typically, about 90 percent of suspected suicides are confirmed.

(read more → [Soldier Suicides](#))

OLIVER NORTH VIDEO - TAKE TIME TO GIVE THANKS TO THOSE WHO GIVE ALL....

- <http://www.nragive.com/ringoffreedom/index.HTML>

COMMUNITY VIEW ARTICLE: Backlog of Claims and Sequestration

Jerry Donnellan - Journal News, February 25, 2013

In December of 2008, former four-star general and wounded Vietnam veteran Eric Shinseki took over the Department of Veterans Affairs, promising change. At that time, the VA was backlogged by 400,000 claims.

Many veterans, including myself, took heart. We figured, if he couldn't do it, no one could. After all, Shinseki was his own man. While still in uniform, he stood up to then-Secretary of Defense Donald Rumsfeld and challenged him on troop strength in Iraq. This cost him his military career.

I guess that we found out, when it comes to ensuring the VA address claims in a timely manner, the answer is, no one can. The VA does many things well, but processing claims isn't one of them. Four years later, the backlog of claims has tripled, that's by the VA's own count. The disabled veterans with claims represent a fraction of 1 percent of the population. By our own count, claims are taking at least a year to settle.

That long lag has been occurring when the veteran population has been relatively stable. Come Friday, sequestration will settle in — unless Washington can come together, which I think we all know is highly unlikely.

Under sequestration, the Army and Marine Corps will be gutted, creating a large number of new veterans. Add to that the end of Iraq, and the winding down of troops in Afghanistan. Then add in the number of Vietnam veterans hitting 65 and retiring.

All of these people, from these various groups, will be turning to the VA for health care and claims.

Even if the sequestration doesn't set in, the outlook for veterans is troublesome. Any compromise to avoid a sequester — most likely a continuing resolution — could freeze spending at last year's budget. But the number of veterans seeking claims won't hold at last year's rate — those numbers will climb dramatically.

Even if the VA can maintain the status quo, we can still anticipate that 3 million claims will be backlogged in four years.

The system is broken. Different remedies have been tried over the years — moving the VA secretary to a Cabinet level position in 1989, with former Rep. Edward Derwinski, followed by six other powerful, political and military leaders. Unfortunately, nothing has been successful.

The Social Security Administration and the Internal Revenue Service deal with far more people and many more claims, and seem to do it efficiently. Insurance companies settle very complicated claims in far less time.

The bureaucracy at the VA has welded itself into a position where even a well-respected, four-star general can't make headway, but is losing ground. It is time for the VA to outsource the claims portion of what they do, because they don't seem to be able to get it done. ###

NEW ADDITION TO THE FAMILY

If you've been to the office recently, you may have met our new veterans' counselor, Ronald Agard. Ron is a combat vet who served in Iraq and had the misfortune to earn a Purple Heart. He's a really nice guy and we welcome him to the Veterans Service Agency.

ALTERNATIVE THERAPY MORE POPULAR WITH TROOPS, STUDY SAYS

Prayer tops list of treatments – by Patricia Kime – Army Times – February 11, 2013

Rebecca Halstead became an advocate for alternative medical treatments such as chiropractic care and nutrition supplements after being diagnosed with fibromyalgia in 2005.

But while the retired Army Brigadier General found solutions on her own for her chronic pain and inflammation, she is surprised by new research that shows troops use alternative medical therapies at higher rates than their civilian counterparts.

"How do they find out about it and pay for it?" she said, noting complementary and alternative medicine, or CAM, "was not a high priority when I was in the military."

A new study in the Journal of Alternative and Complementary Medicine indicates active-duty members use some alternative therapies for stress reduction at rates up to seven times higher than civilians. And among both troops and civilians, the most popular complementary medical therapy is prayer.

But troops also turn to massage therapy, meditation and guided imagery therapy – a treatment that focuses on positive or soothing mental images to promote relaxation – more than their civilian counterparts, according to the study.

(read more → [Alternative Therapy](#))

Confidential Veterans' Crisis Intervention Line 24/7

Dial **1-800-273-8255** **PRESS 1**

Text to **838255**

UPCOMING EVENTS FOR MARCH

ST. PATRICK'S DAY PARADE, PEARL RIVER, NY

Sunday, March 17th at 2:30 p.m.

WOMEN'S HISTORY MONTH



Women's History Month Award will be presented during March to a veteran who has served her country and community. The award will be presented by County Executive C. Scott Vanderhoef at a ceremony in his office later this month.

SPRING VALLEY ROTARY

March 27th, 2013 at 12:15 PM – Red Lobster, 198 Route 59, Nanuet New York 10954:

Audrey Insoft will be the guest speaker at The Spring Valley Rotary Club on March 27th, 2013.

Her recently published book "Divine Fate" is a true story of a Vietnam Veteran, Paul Pinkerton, and his struggle to overcome the emotional trauma (PTSD) he suffered during the War. The book documents not only his tour of duty in Vietnam during 1968-69, but also his trips back to Vietnam in the early 1990s to search for POW's and MIA's.

Pinkerton also went on to become a facilitator to help over 400 families (including the author) adopt Vietnamese children. For further information or to reserve a spot at the meeting, please contact Howard Goldin at goldingoose@optonline.net or call 845-371-7605.

**A CELEBRATION FOR THE RETIREMENT OF
GEN. BOB WINZINGER**

Wednesday, March 27, 2013

5:30 P.M.

La Terrazza Restaurant

591 South Main Street

New City, New York 10956

Appetizers

Selection of Entrée

Coffee, Tea, Soda

Please send check (made out to "Cash") by March 20th to

Jerry Donnellan, Director

Veterans Office

20 Squadron Blvd Room 480

New City, New York 10956

donnellj@co.rockland.ny.us

845-638-5244

Please include form, below

- I will attend & my check is enclosed (\$35.00 per person; includes gift)**

Name _____ # people attending _____

Include names of additional people _____

- Gift Only (please include a check for your contribution to the gift)**

Name _____

UPCOMING EVENTS FOR APRIL

NAM KNIGHTS - 8TH ANNUAL SPAGHETTI DINNER

On April 20, 2013, the Nam Knights will hold their annual spaghetti dinner to benefit the Hudson Valley Chapter of Make-A-Wish. It will be held at the Hillcrest Fire Department, Thiells-Mt. Ivy Road, Pomona, NY 10970 from 4:00 p.m. to 8:00 p.m. The dinner is \$20.00 per person (\$10.00 for age 8-12. No charge for children under 8 years of age.) Make checks payable to Nam Knights MC and mail to Nam Knights of America, One Western Highway, Tappan, New York 10983. For further information, contact Charlie at 845-359-4005 or visit their website: www.namknightsmc.org.

VETERANS' HOME BUYER SEMINAR

Chase Bank will sponsor a Veterans Home Buyer Seminar at the New City Community Center on Thursday, April 25, from 7:00 - 9:00 p.m. For further information, contact Joe Gibaldi at 203-938-3041 or joseph.gibaldi@chase.com or check out the military link at www.chasemilitary.com. This has a lot of helpful information from Chase, for the military/veteran community.

ARMY TIMES editorial - February 18, 2013

Editorial: Budget cuts fail education: With sequestration looming, the full impact of those mindless cuts is finally beginning to emerge – and it's not a pretty picture.

Case in point: the Department of Defense Education Activity. Like other DoD agencies, DoDEA must impose furloughs on its workforce, including classroom teachers.

The furloughs must be taken during the school year, but no more than two days in any two-week pay period, and schools can't hire substitute teachers.

DoDEA would be forced to carry out furloughs in a tighter time frame than other agencies; at this writing, about 34 more weeks were left in this fiscal year – but only 14 weeks of school remained.

At press time, DoDEA had not announced details of its plan. But keeping school open with a large chunk of teaching staff out on any given day seems like a formula for shortchanging students.

One alternative: End the school year two weeks early, start it two weeks late and use those four weeks to accommodate all teacher furloughs in one shot.

That would outrage parents who'd have to scramble to find day care for their kids, but then, this whole thing is a mess.

It only underscores the mindlessness of mandating automatic, 9 percent budget cuts among all federal activities, rather than allowing for strategic reductions.

DoDEA officials should loudly point out, as often as possible, just how disruptive and harmful sequestration could be for faculty, parents, kids and communities.

The powers that be on Capitol Hill should be schooled heavily on the ground-level effects of sequestration so they recognize the stupidity of their decision to construct this Rube Goldberg contraption in the first place. ###

PENTAGON TO EXPAND PRIVILEGES:

ACCESS FOR SAME-SEX PARTNERS - BY ANDREW TILGHMAN – ARMY TIMES – 02/18/13

The Pentagon will soon offer additional military benefits to same-sex couples, marking the first major expansion since the repeal of “don’t ask, don’t tell” in September 2011.

A defense official familiar with the plans said those benefits likely will include an array of perks and privileges now extended to hetero-sexual spouses, such as access to military bases and their facilities, such as commissaries, exchanges and family services.

But the Pentagon will stop short of extending major benefits, such as health insurance, with-dependents housing allowance rates and access to family housing for same-sex couples.

Those benefits are defined by federal law, and the 1996 Defense of Marriage Act prohibits the federal government from recognizing same-sex marriages. For now, defense officials can extend only benefits and privileges that are defined by internal Pentagon policies and do not require a change in the law.

VETS UNEMPLOYMENT BACK ON RISE, ALARMING IAVA CHIEF

By Rick Maze – Army Times – February 18, 2013

After declining for a time last year, the unemployment rate for post-9/11 veterans has been in an upward climb that is cause for concern, the head of Iraq and Afghanistan veterans of America said.

Not only are about 252,000 veterans hunting for work in a weak economy, but “many people, many in Congress, think the veterans’ employment problem has been solved,” said Paul Rieckhoff, founder and chief executive officer of the group that represents the interests of 2.4 million veterans who have served since 2001.

In 2012, the unemployment rate for the youngest generation of veterans averaged 9.9 percent and dipped to 8.9 percent in July.

Rieckhoff, an Iraq veteran, said month-to-month changes in unemployment numbers could be the result of veterans making up a small part of the Labor Department’s monthly survey. But trends such as the steady climb since September in the jobless rate for post-9/11 veterans appear to be valid, he said. “If anything, I think this underestimates the unemployment rate, at least based on what we’re hearing from our members, and doesn’t take into account the problem with underemployment for people who have found work that doesn’t pay much,” Rieckhoff said.

WHITE HOUSE, CONGRESS BUTT HEADS OVER DEFENSE CUTS

Story by Rick Maze – Army Times –
February 18, 2013

With a looming March 1 deadline for the sequestration ax to drop on the military, Congress and the White House are at least talking about ways to avoid the across-the-board cuts that threaten to weaken the force.

The talk, however, involves frequent use of the word “no.” President Obama warned February 5th about the potential damage of the automatic cuts and proposed temporarily delaying the March 1st date to some unspecified period.

His short-term fix would cut some spending and raise some taxes, giving more time for a bigger budget deal. If Congress “cannot get a bigger package done by the time the sequester is scheduled to go into effect, then I believe they should at least pass a smaller package of spending cuts and tax reforms that would delay the economically damaging effects of the sequester for a few more months until Congress finds a way to replace these cuts with a smarter solution,” Obama said.

EMAIL SCAM IMPERSONATES U.S. GOVERNMENT AGENCIES

ECHOES Jan-Apr 2013

www.armyg1.army.mil/retire

In August 2012, the U.S. Army Cyber Command, based at Fort Belvoir, VA., reported an online scam that improperly uses official Department of Defense (DOD) and other U.S. Government seals, to include those of U.S. Cyber Command and the Defense Cyber Crime Center, to scam innocent persons.

The Command stated that DOD is in no way affiliated with online messages designed to appear as official correspondence requesting payment of a “fine” to unlock a personal electronic device, and users should not follow the e-mail’s payment instructions.

If you receive an email that looks suspicious, do not open it, and delete it immediately. To report potential email scams, please go to the Internet Crime Complaint center and file a report (<http://www.ic3.gov/complaint/default.aspx>). If you receive unsolicited e-mail offers or spam, you can also forward the messages to the Federal Trade Commission at spam@uce.gov. ###

“IT’S LIKE LIVING IN HELL”

When veterans bring home PTSD, family members suffer, too

By Patricia Kime – Army Times – February 18, 2013

Until the day she wrestled a gun from the mouth of her drunken husband, the 37-year old wife of a Tennessee Army National Guard Sergeant thought she was holding it together.

But then the flashbacks started. She began hearing the slide of the weapon repeatedly click into place as she fell asleep and woke from nightmares in which her husband broke windows and punched holes in walls.

Two states away in Texas, at roughly the same time, Renee Ayres, wife of retired Marine Captain Chris Ayres, also often woke in a cold sweat, dreaming of her husband's blood-soaked bandages or smelling the rank odor of infection.

After Chris recovered physically from wounds sustained in Iraq, she dealt with his daily tirades.

Eventually, she “shut down” from family and friends after Chris tried to choke her to death.

And in San Diego, Tim Kahlor, the father of an Iraq War veteran, takes antidepressants to stave off chronic anxiety and worry over his son, diagnosed with severe post-traumatic stress disorder after enduring eight roadside bomb attacks in Iraq.

None of these military family members is a combat veteran, but each carries battle scars of his or her own. The burden of 12 years of war, during which 300,000-plus veterans have been diagnosed with PTSD or clinical depression, has left families with their own mental health conditions.

“PTSD places intolerable stress on the entire family system. ...It’s like living in hell,” said retired Navy psychologist Cmdr. Dennis Reeves, who served in Iraq in 2003.

On February 2nd, former Marine Eddie Ray Routh, confessed to his sister and her husband that he had killed famed Navy SEAL sniper Chris Kyle and friend Chad Littlefield at a Fort Worth, Texas, shooting range. The Associated Press reported that Routh had been hospitalized twice for PTSD.

The deaths have sent a ripple of fear through the already-stressed community of families and caregivers of active-duty troops and veterans with PTSD. For many, the chilling scenario of a friend or loved one turning on them is their biggest fear.

(read more → [PTSD](#))

VA HIRES MORE MENTAL HEALTH PROFESSIONALS TO EXPAND ACCESS FOR VETERANS:

Part of Comprehensive Effort to Boost Mental Health Services; The Department of Veterans Affairs (VA) has announced that it has made significant progress in providing increased access to mental health care services for our Nation's Veterans by hiring new mental health professionals. Last year, Secretary Eric K. Shinseki announced a goal to hire 1,600 new mental health clinical providers and 300 administrative support staff. The President's Aug. 31, 2012, Executive Order requires the positions to be filled by June 30, 2013. As of Jan. 29, VA has hired 1,058 mental health clinical providers and 223 administrative support staff in support of this specific goal.

<http://www.va.gov/opa/pressrel/pressrelease.cfm?id=2428>

MILITARY BURIAL FOR SAME-SEX SPOUSE:

A retired Air Force officer has been given permission to bury the ashes of her same-sex partner in a military cemetery in Oregon. Nancy Lynchild, who died of cancer just before Christmas, will be the first homosexual military spouse to be buried in a national cemetery, The (Portland) Oregonian reported Thursday. Linda Campbell, 66, who retired as a lieutenant colonel in the Air Force Reserves in 1994, said she and Lynchild will get what her parents did: burial in the same grave in Willamette National Cemetery. The full story can be found at the following link:

<http://www.military.com/daily-news/2013/02/15/military-burial-for-same-sex-spouse.html?ESRC=eb.nl>

VETERAN STATUS:

Reserve Retirees May Soon Get Veteran Status

A New Push to Make 'Veterans' of 200,000 Reserve Retirees, the entire story can be found at the following link:

<http://www.military.com/benefits/2013/02/07/reserve-retirees-may-soon-get-veteran-status.html?ESRC=army.nl>

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WORD GAMES

► The Washington Post has published the winning submissions to its yearly neologism contest, in which readers are asked to supply alternative meanings for common words. Here are a few of the winners:

1. Coffee (n.), the person upon whom one coughs.
2. Flabbergasted (adj.), appalled over how much weight you have gained.
3. Abdicate (v.), to give up all hope of ever having a flat stomach.
4. Esplanade (v.), to attempt an explanation while drunk.
5. Willy-nilly (adj.), impotent.
6. Negligent (adj.), describes a condition in which you absentmindedly answer the door in your nightgown.
7. Lymph (v.), to walk with a lisp.
8. Gargoyle (n), olive-flavored mouthwash.
9. Flatulence (n.), emergency vehicle that picks you up after you are run over by a steamroller.
10. Balderdash (n.), a rapidly receding hairline.

► The Washington Post's Style Invitational also asked readers to take any word from the dictionary, alter it by adding, subtracting, or changing one letter, and supply a new definition. Some of the winners are:

1. Bozone (n.): The substance surrounding stupid people that stops bright ideas from penetrating. The bozone layer, unfortunately, shows little sign of breaking down in the near future.
2. Foreploy (v): Any misrepresentation about yourself or others for the purpose of making sexy dreams come true.
3. Cashtration (n.): The act of buying a house, which renders the subject financially impotent for an indefinite period.
4. Giraffiti (n): Vandalism spray-painted very, very high.
5. Sarchasm (n): The gulf between the author of sarcastic wit and the person who doesn't get it.
6. Inoculatte (v): To take coffee intravenously when you are running late.
7. Hipatitis (n): Terminal coolness.
8. Osteopornosis (n): A degenerate disease. (This one got extra credit.)

VETERANS TWICE AS LIKELY TO DEVELOP LOU GEHRIG'S DISEASE

By Lt. Col. (Ret) Mark Overberg - ECHOES www.armyg1.army.mil/retire

Every day, fifteen Americans – more than 5,600 per year – receive the grim news from their doctors that they have Lou Gehrig's Disease. Officially known as Amyotrophic Lateral Sclerosis (ALS), the doctor's diagnosis is accompanied by a devastating explanation. ALS is an incurable and fatal disorder of the motor neurons, the highly specialized cells in the brain and spinal cord responsible for all voluntary muscle movement. Patients can expect to live two to five years after the doctor's diagnosis.

ALS occurs throughout the world without regard to racial, ethnic, or socioeconomic status. Every single American is threatened, but studies show United States Veterans develop ALS twice as often as Americans with no military service – and no one knows why. The statistical evidence is so solid that in 2008 the Department of Veterans Affairs (VA) designated ALS a "presumptively compensable illness."

If you're a Veteran and your doctor says you have ALS, the VA presumes your military service caused it.

Most newly-diagnosed ALS patients are between 55 and 75 years of age, but some are younger than 40. Reports suggest 20,000 – 30,000 Americans have ALS, but because no records have been kept throughout the country, it is hard to know for sure. Annually, ALS is responsible for two deaths per 100,000 Americans. In the United States, ALS occurs as often as multiple sclerosis (MS), but ALS is less prevalent because of its high mortality. In 2008, the journal, *Neuroepidemiology*, reported the incidence of ALS in non-Hispanic Caucasians was twice as high as African, Asian and Hispanic ethnicities. With recent advances in research and improved medical care, many patients are living longer; 20 percent may live five years or more, and up to ten percent will survive more than ten years. Younger patients appear to have a better chance at these longer spans. Ten percent of ALS cases are familial, these patients usually do not fare as well as non-related patients, however, and typically live only one to two years after symptoms appear. ###

If you're a Veteran and your doctor says you have ALS, the VA presumes your military service caused it.

SOME STRANGE WORLD WAR II FACTS

From Col D. G. Swinford, USMC, Ret.

1. The first German serviceman killed in WW II was killed by the Japanese (China , 1937). The first American serviceman killed was killed by the Russians (Finland 1940); highest ranking American killed was Lt. Gen Lesley McNair, killed by the US Army Air Corps. So much for allies!

2. The youngest US serviceman was 12 year old: Calvin Graham, USN. He was wounded and given a Dishonorable Discharge for lying about his age. His benefits were later restored by an Act of Congress.

3. At the time of Pearl Harbor, the top US Navy command was called CINCUS (pronounced 'sink us'); the shoulder patch of the US Army's 45th Infantry division was the Swastika, and Hitler's private train was named 'Amerika.' All three were soon changed for PR purposes.

4. More US servicemen died in the Air Corps than the Marine Corps. [Actually the 8th Air Force alone suffered about 5,000 more KIA than the entire Marine Corps in WW2.] While completing the required 30 missions, an airman's chance of being killed was 71%.

5. Generally speaking, there was no such thing as an average fighter pilot. You were either an ace or a target. For instance, Japanese Ace Hiroyoshi Nishizawa shot down over 80 planes. He died while a passenger on a cargo plane.

ABOUT ROCKVETS - A PROJECT OF NY VETS ©

We would like to keep you up-to-date on events and matters of interest to veterans and will be sending these newsletters regularly. If at any time you no longer wish to receive them, please send a note to info@rockvets.com.

Your e-mail address will immediately be deleted from our newsletter mailing list. If you find any of this information useful, please pass it along to others.



We are here to help you and all who have worn the uniform of our nation. Thank you.

ROCKVETS - ON THE INTERNET AND AIRWAVES

You can find information, useful links, and view our webpage at www.rockvets.com. Previous copies of our newsletters are also available on our website at: www.rockvets.com/newsletters. You can interact with us on our facebook page: www.facebook.com/rockvets or e-mail us at: info@rockvets.com.

On the first Friday of each month, just after the 10:00 a.m. news-break, RockVets has a live call-in talk show on Rockland County's local radio station – WRCR 1300 AM. We encourage you to call-in and ask any questions you may have relating to veterans or the military. This is also a good opportunity to promote any upcoming events for your organization that would be of interest to the veteran/military community. The call-in number is 845.362.0013. The show is also live on www.wrcr.com. So please listen in, and call if you have questions or information to share.

The next RockVets radio show will be on Friday, April 5, 2013 at 10:00 a.m.

R.C. Veterans Service Agency – if you plan to come to the office, please call to make an appointment so we can give you the time you need - 845.638.5244.



Jerry Donnellan, Director - Veterans Service Agency of Rockland
20 Squadron Blvd., Suite 480, New City, New York 10956