



**COUNTY OF ROCKLAND  
VETERANS SERVICE AGENCY**

Jerry Donnellan, Director      (845) 638-5244      [jerry@rockvets.com](mailto:jerry@rockvets.com)  
[www.rockvets.com](http://www.rockvets.com)      November 2012      Volume 3 Issue 9

## TOUR OF DUTY OVER – TROOPS ARE COMING HOME



Pictured are members of the 668th Engineer Company - Forward Operating Base Walton, Afghanistan - who will be returning shortly to the Reserve headquarters on Route 303 in Orangeburg, New York. At the end of the year's tour, thank God no one was killed, but they have had casualties, and 24 Purple Hearts. They're holding a flag given to them by the Nam Knights MC, Hudson Valley, Rockland Chapter, that has been supporting the unit since it left Orangeburg a year ago. The troops are expected to arrive back at the Reserve Center in Orangeburg on November 9<sup>th</sup>, 2012 between 2:00 and 5:00 p.m. Please join us in welcoming them home...the public is invited.

## NAM KNIGHTS TO ESCORT TROOPS COMING HOME



A year ago, the Hudson Valley Chapter of the Nam Knights escorted the troops from the 668<sup>th</sup> Engineer Company from Orangeburg to Stewart International Airport when they left for their year tour of duty in Afghanistan. The Nam Knights will be at Stewart International Airport to meet the troops and bring them home this month. They are expected to arrive at the Reserve Center in Orangeburg on November 9<sup>th</sup> between 2:00 and 5:00 p.m.

We are truly grateful for the sacrifices these service-members from Orangeburg have made in protecting our freedom. We join the Nam Knights in welcoming them all home once again.

## THOUGHTS ON THE WAR IN AFGHANISTAN

### **From a soldier who has been there...**

Chris Day was raised in New City, New York, graduated from SUNY Rockland and then Yale University in 2007 with a BA in Political Science. He is currently pursuing his MBA at Columbia University, while also gainfully employed.



Chris served as an Airborne Ranger Infantry Officer in both Iraq and Afghanistan. He achieved the rank of Captain and earned the Bronze Star, the Combat Infantryman's Badge, and 13 other decorations for service and achievement. Thank you for your service, Chris...we're all proud of you.

Following are links to two articles written by Chris, (and a photo of him,) that were published in the New City Patch. The first article is "Afghanistan Reality Will Not Bow to Presidential Politics" published on October 18<sup>th</sup>, 2012, followed up with a second article: "A Way Forward in Afghanistan" published on October 22<sup>nd</sup>, 2012. They are both very interesting, informative, and worth taking the time to read...

[http://newcity.patch.com/blog\\_posts/afghanistan-reality-will-not-bow-to-presidential-politics](http://newcity.patch.com/blog_posts/afghanistan-reality-will-not-bow-to-presidential-politics)

[http://newcity.patch.com/blog\\_posts/a-way-forward-in-afghanistan](http://newcity.patch.com/blog_posts/a-way-forward-in-afghanistan)

## VETERAN OF THE YEAR – VETERANS DAY CEREMONY

November 11, 2012 at 12:00 noon – Rockland County Court House

Each year, the Rockland County Veterans Coordinating Council recognizes a veteran who has served his country and then gone on to serve his community. For the upcoming year, 2012-2013, the R.C. Veterans Coordinating Council has chosen Eddie Frank of West Nyack to serve in that capacity.

Ed Frank served in the United States Navy from 1967 to 1973. He was a



crewmember on a 7-man River Patrol boat in the Mekong Delta Region of Vietnam and Cambodia during his one-year tour of duty in 'Nam from 1969-1970. Ed's achievements in our community are outstanding. He has worked tirelessly on behalf of veterans and has held numerous positions with the Vietnam Veterans of America, Chapter #333, including three terms as President. Ed was a co-founder of the Veterans of Foreign Wars, West Nyack Post #126 as well as being a present member

of the VFW Post #9215 in Upper Nyack.

In 2005 Ed co-founded Schools To End Poverty (S.T.E.P.) – a 501c3 Foundation that seeks to end poverty through education. With community help, they have built two schools in Vietnam and one in Honduras, with another to come in Jamaica and a third school in Vietnam which is currently awaiting government approval. These programs helped provide education for hundreds of needy children; it also supplied a refurbished ambulance for the Sharon Lane Memorial Clinic in Vietnam, clean drinking water systems for 605 children at a school and an orphanage, and much more.

Ed has also served in Board members positions with the Spring Valley Rotary since 2006 and is on the Advisory Board of The Salvation Army of Rockland County. In the photograph above, Ed was helping RockVets by installing signs all around the County, hoping to reach out to the most recent veterans – those coming home from Iraq and Afghanistan. Ed works tirelessly on behalf of the people of Rockland County, and he will be an excellent representative as Rockland's Veteran of the Year. Congratulations Eddie, and thank you for all you do!

## **HOMES FOR HEROES**

Homes for Heroes, Inc., is a joint venture between Joseph's Home, Inc. and Rockland Housing Action Coalition, Inc. Their vision is to reclaim vacant land to create up to 52 garden-style apartment homes, for our wounded warriors, our disabled and displaced veterans, and their spouses and children. Serving veterans is only in keeping with the historic and proud military tradition of the land. It was from this area that more than 1.3 million GIs left to for North Africa and the European Theatre of War. Many never returned....many returned in flag-draped coffins. Most of the GIs killed on Omaha Beach in Normandy, France on D-Day left from this land. The area will feature a memorial to all those brave soldiers who fought to protect our great country. Visit the website for Homes for Heroes to learn more about this program:  
<http://www.rocklandhomesforheroes.org/>

## **KOREAN VETERANS - EAGLE CHAPTER**

Members of the Korean Veterans – Eagle Chapter, will be at Rockland Bakery in Nanuet on November 9<sup>th</sup>, 10<sup>th</sup>, and 11<sup>th</sup>, giving out poppies. They will do the same at Shoprite in Pearl River on November 10<sup>th</sup> and 11<sup>th</sup>.

Rockland Community College is honoring veterans at their annual Veterans Day service to be held on November 7<sup>th</sup>, 2011, starting at 11:00 a.m. in the Tech Building. This year's program is honoring our Korean War Veterans with a program that includes members of the Eagle Chapter in Rockland. The Korean Vets Honor Guard will present the Colors. The Honor Guard does so much to show up at veterans' events, military funerals, etc. and we appreciate all they do for our community. The event at Rockland Community College is open to the public.

**HAPPY THANKSGIVING!**

**WE ARE GRATEFUL TO OUR SERVICE-MEMBERS AND OUR  
VETERANS FOR PROTECTING OUR FREEDOM...**

**AND FOR THEIR EFFORTS ON BEHALF OF OUR COMMUNITY!**

## UPCOMING EVENTS FOR NOVEMBER

See October 2012 RockVets newsletter for further details on some of these events

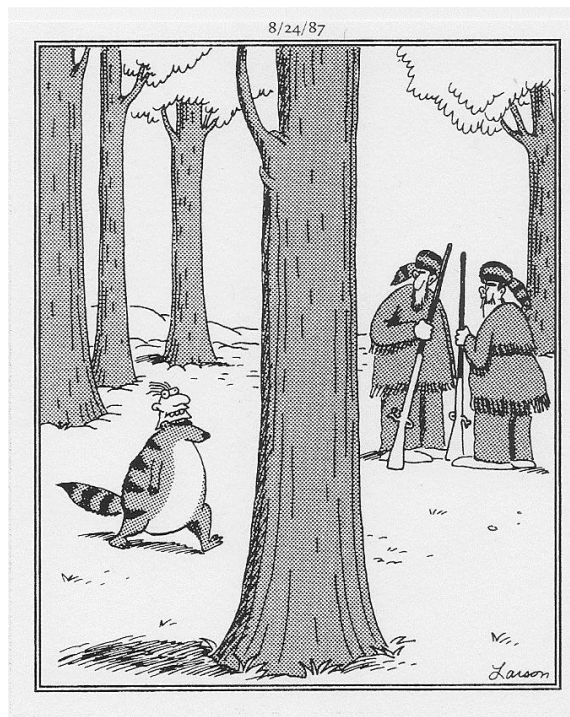
- November 4            Marine Corps Birthday Celebration - Frank's 22nd Annual  
Kearsing Edwards American Legion Post, Pomona, NY  
For further information: 914-403-7850 or 845-354-9785  
1400 HRS to 1800 HRS
- November 7            Rockland Community College Annual Veterans Day Program  
11:00 a.m. in the Tech Building  
RCC Campus, 145 College Road, Suffern, New York
- November 9            11:30 a.m. 21st Annual Rockland County Marine Corps  
Birthday Luncheon at Platzl Brauhaus, Pomona, NY 10970  
For further information contact: James Davis - 914-403-7850
- November 10           Haverstraw King's Daughters Public Library  
"Salute to the Veterans" – a month-long exhibit  
Route 202, Garnerville, NY  
Program event on November 10th at 2:00 p.m.
- November 11           Vietnam Veterans of America, Chapter #333  
Veterans Day Services 10:00 a.m. Veterans Memorial Park,  
Orangeburg Road, Orangeburg, NY  
Ceremony will be at the site of the Vietnam Veterans Memorial
- November 11           Rockland County Veterans Coordinating Council  
Veteran of the Year and Veterans Day Services  
Rockland County Court House at 12:00 Noon  
Main Street and New Hempstead Road, New City, NY
- November 11           Veterans Day Ceremony at Shanks Memorial  
Lester Drive in Orangeburg, NY at 10:00 a.m.
- November 11           Jewish War Veterans – Veterans Day Event  
Big Band Concert - 1:45 p.m. at Ramapo High School  
For further information, contact Bill Farber – 845-357-2990



## UPCOMING EVENTS FOR NOVEMBER - PAGE 2

See October 2012 RockVets newsletter for further details on some of these events

- November 13            United Hospice of Rockland Veterans Brunch  
The Crowne Plaza, Suffern, NY - starts at 8:30 a.m.  
For further information: Mimi Hoffman 845-634-4974  
or e-mail - mhoffman@hospiceofrockland.org
- November 15            Lutheran Cemetery in Airmont, New York 11:00 a.m.  
Korean War Veterans – Eagle Chapter  
Re-dedication of gravestone for Raymond Flotard who was  
one of the 27 Rocklanders killed in action during the Korean War.  
The public is welcome to attend.
- November 18            New City Library, Squadron Blvd. and North Main Street  
New City, New York at 2:00 p.m.  
"America in World War II – The Homefront" documentary
- November 27            Village of Sloatsburg, Municipal Building  
Veterans Day Ceremony honoring veterans of all wars with  
a special tribute to World War II Veterans this year  
Veterans Day Ceremony starts at 7:30 p.m.  
Call the Village of Sloatsburg for further information: 845-753-2727



## **DON'T GIVE TO THESE VETERANS' GROUPS**

Unfortunately, another byproduct of a poor economy is scams. Often groups use a reputable name like Veterans to raise funds for their own profit. This becomes more prevalent as we draw closer to Veteran's Day. Recently, the California Attorney General filed a lawsuit in the amount of 4.3 million dollars against a group called *Help Hospitalized Veterans*. You may have heard or even contributed to this group. Of course, I would encourage you to support our veterans but don't be fooled. Keep your donations local with groups you know are based in the County.

Don't donate to groups that contact you by phone or by mail. Reason being, these groups usually involve professional fundraisers who take a large percentage off the top. Another clue to perk your skepticism is if the plea for dollars sounds a bit too heart-wrenching, as if they're trying to guilt you into thinking that if you don't give, you don't care – as if you're not a good American. That's nonsense. The ones I love are those that send you these tchotchkes that you don't want or need – such as return address labels with your name spelled wrong. That's just more guilt. And who pays for it? You do, of course. And do the veterans get anything?

This doesn't mean that these groups are not legal. For instance, there is a group working in Rockland and Westchester Counties based in Mount Vernon locally and Rhode Island nationally. They call themselves the, "*Veterans Support Organization*." You may have seen them outside of supermarkets around the County. They dress in semi-military clothing – camouflage pants, old style combat boots, etc. Further, they can be a bit aggressive in their techniques. They have nicely printed literature and hand-outs. Are they working inside the law? I can't say they're not.

However, their "current year tax filing" that they have posted on their website, shows less than 7% of revenue goes to veterans' organizations and are simply re-donated. An online service, [www.charitynavigator.org](http://www.charitynavigator.org) that tracks charities, has an advisory on "*Veterans Support Organization*." The Secretary of State in Tennessee is leveling \$50,000 in fines to the organization. On a federal level, Senator Patty Murray of the Senate Veterans Affairs Committee is looking into "VSO" and has contacted Attorney General Eric Holder.

You don't have to take my word for it. You can simply Google "*Veterans Support Organization*" and discover how many media outlets across the country have done less-than-favorable stories on them. In addition, many government agencies, including ours, are looking into their activities. Our county veterans' organizations are hard-working volunteers. So if you give them a dollar, a dollar goes to the cause and not 7 cents. Please don't waste your hard-earned dollars!

## **CURRENT COMMANDERS/PRESIDENTS OF THE VARIOUS VETERANS' GROUPS IN ROCKLAND COUNTY.**

### **AMERICAN LEGION**

**Commander Edward Cardinale**

15 Rollins Avenue

Pearl River, NY 10965

Email: [rockasan1@verizon.net](mailto:rockasan1@verizon.net)

845-735-7486

### **DISABLED AMERICAN VETERANS**

**Rafael Gomez**

10 Kaemmerlin Avenue – PO Box 172

Garnerville, NY 10923

Email: [RAVENSTAR@optimum.net](mailto:RAVENSTAR@optimum.net)

845-729-5632

### **JEWISH WAR VETERANS**

**Rockland-Orange District Council**

**Joel Hershkowitz**

17 Donna Street

New City, NY 10956

Email: [joel17h@gmail.com](mailto:joel17h@gmail.com)

914-582-7561

### **KOREAN WAR VETERANS**

**Eagle Chapter**

**President Dan Zevola**

10 N. Williams Street

New City, New York 10956

Email: [DZEENC@verizon.net](mailto:DZEENC@verizon.net)

845-634-4859

### **MARINE CORPS LEAGUE**

**Rockland Detachment #243**

**Commandant Rocky Graziano**

**Adjutant Jim O'Neill**

PO Box 191

Haverstraw, NY 10927

Email: [joneill78@optimum.net](mailto:joneill78@optimum.net)

Rocky Graziano 845-623-3568

Jim O'Neill 845-269-9610

### **NAM KNIGHTS MC Rockland Chapter**

**Charlie Maushardt, President**

1 Western Highway

Tappan, N.Y. 10983

[cmaushardt@aol.com](mailto:cmaushardt@aol.com)

845-359-4005

### **UKRAINIAN-AMERICAN VETERANS**

**County Commander George Sikorski**

475 Route 306

Monsey, New York 10952

845-354-7788

### **VETERANS OF FOREIGN WARS 851**

**Commander Miguel Quesada**

10 Brookside Avenue

New City, NY 10956

Email: [Mikeq802@msn.com](mailto:Mikeq802@msn.com)

845-638-3419



**VIETNAM VETERANS OF AMERICA -**

**Chapter #333**

**Bruce McClintock, President**

Lenox Court #709

Suffern, NY 10901

Email: [mcclintockcl@aol.com](mailto:mcclintockcl@aol.com)

845-357-5615

**Meetings are held first Thursday of each month**

**7:30 p.m. New City American Legion #1682**

**American Legion Way off Congers Road**

**and Route 304, New City, NY 10956**

**MILITARY ORDER OF THE PURPLE**

**HEART - Chapter #120**

**Howard Goldin**

35 Fawn Hill Drive

Airmont, NY 10952

Email: [goldingoose@optonline.net](mailto:goldingoose@optonline.net)

845-371-7605

**Meetings are held on the third Saturday**

**of each month - September to June**

**10:00 a.m. Kearsing-Edward Post 1600**

**20 Station Road, Pomona, NY 10970**

**JEREMY HONEY, SECRETARY**

**VETERANS COORDINATING COUNCIL**

Email: [jeremyhoney@optonline.net](mailto:jeremyhoney@optonline.net)

**Veterans' Groups**

We encourage veterans to get involved with one or more of the veterans' groups available in the County. These are the current group Commanders and Presidents of the organizations.

There are many American Legion and VFW Posts where individual meetings are held. By contacting these Commanders, you can find out which of the Posts would be most convenient for you, and when they hold their meetings.

You can also find information on local veterans' organizations on the "links" section of our website:

[www.rockvets.com](http://www.rockvets.com)

## WWI MEMORIAL PEACE CROSS IN JEOPARDY

### American Humanist Association in Washington, D.C. Wants Cross Removed

#### "Memorial Peace Cross, Bladensburg, Maryland"

The forty-foot-tall Memorial Peace Cross, which is a well-known landmark that has served as a gateway to Bladensburg and Hyattsville, Maryland for over 85 years, is in jeopardy. The monument, which sits on state property, honors 49 men from Prince George's County, Maryland who lost their lives during World War I. The cross was



dedicated on July 13, 1925, by the American Legion. A bronze tablet at the base of the monument contains the unforgettable words of Woodrow Wilson: The right is more precious than the peace; we shall fight for the things we have always carried nearest our hearts; to such a task we dedicate ourselves. At the base of the monument are the words, Valor, Endurance, Courage, Devotion. At its heart, the cross bears a great gold star.

The American Humanist Association, a Washington-based group, is calling for the Cross's removal, arguing that a religious image on public land violates the constitutional principle of the separation of church and state. Veterans' organizations and some community groups have vowed to fight to keep it standing. Meanwhile, the local park and planning commission is researching the legal issues. For more information on the Memorial Peace Cross, visit the Waymaking.com website <http://www.waymarking.com/waymarks/WMK1G>, and the Historical Marker Database <http://www.hmdb.org/Marker.asp?Marker=5187>.

[Source: Military.com article 24 Sep 2012 ++]

## REMOVING SYMBOLS FROM PUBLIC LAND

**Atheists are suing to have religious symbols removed from public land. They have the right to do that because centuries of soldiers sacrificed their lives for that and other freedoms. What's ironic is that millions of those dead GIs now lie in public land, most having a stone on their grave with a Cross or Star.**

**If we're going to do this thing, let's not limit it to Jews and Christians...we need to be fair and balanced. For example, my ancestors worshipped trees which, knowing my family, really isn't a stretch! Tribes in the western United States worshipped the buffalo. Therefore, trees and buffaloes should also be removed from public land. Other cultures and religious worshipped the sun as god. Removing the sun from public lands would be a little tricky, except for Washington, D.C. where they've been in the dark for a long time! But fair is fair, so I wish our atheists friends god-speed and hope they have a happy holiday season.**

## **PTSD UPDATE – LOSS OF SLEEP EFFECTS**

### **The Greatest Danger to the Veteran with Post-Traumatic Stress Disorder is Loss of Sleep**

“There is nothing more fundamental to the successful recovery of a combat veteran after war than the ability to get adequate, good quality sleep,” says Dr. Jonathan Shay, a psychiatrist. He says sleep loss causes irritability and propensity to anger, which are classic symptoms of combat veterans suffering psychological injury. Shay says Prazocin, a 50-year-old medicine for high blood pressure, has been shown to be very effective in tiny doses in alleviating combat nightmares. “About half of the veterans who take it say that their nightmares are gone, and another quarter will say, ‘Well doc, I’m still having the dreams, but at least I can get back to sleep,’” he says. The VA has begun conducting clinical trials of Prazocin at 13 of its medical centers and expects to complete its study sometime in 2012.

Shay says sleep is fuel for the frontal lobes of the brain, which is where the capacity for emotional and ethical self-restraint lies. “Sleep is crucial. When you’re totally out of gas in your frontal lobes, you become a moral moron and a lot of the misconduct of combat veterans, I believe, is driven by this measure of frontal lobe function due to sleep loss,” he says. He says one of the complications of sleep loss is that veterans will drink alcohol to put themselves to sleep. “It is a very common way that the veteran’s feet get placed on the icy stairway to alcohol abuse and dependency when they try to use alcohol to get to sleep,” he says. Shay says alcohol is a poor choice as a sedative because the body metabolizes it rapidly and tolerance develops quickly. Veterans who use it to induce sleep will wake up unrested and more wired than before, he says. “I’ve no religious scruples against alcohol, but I can tell you its pharmacology is satanic,” he says. [Source: Saint Louis Beacon Sharon Wittke | 12 Sep 2012 ++]

**"War doesn't just rip through bone and muscle, stone and steel; it fragments the mind like a fist to a mirror might create thousands of bloodied, glittering shards."**

From book entitled: "The Yellow Birds" by Kevin Powers

**Learn about post-traumatic stress disorder (PTSD) from Veterans who live with it every day. Hear their stories. Find out how treatment turned their lives around. Visit VA website:** <http://www.ptsd.va.gov/apps/AboutFace/>

**Confidential Veterans' Crisis Intervention Line 24/7**

Dial **1-800-273-8255** **PRESS 1** | **Text to 838255**

## CARE PACKAGES FOR OUR TROOPS

We're printing this again, for your convenience...

**APO/FPO Holiday Mailing Dates:** The Naval Supply Systems Command's (NAVSUP) Postal Policy Division mail-by dates for pre-Dec. 25, delivery of holiday cards, letters, and packages are:

### **Shore APO/FPO/DPO AE zips 090-098 (except 093);**

#### **AA zips 340; AP zips 962-966**

- \* Express Mail: **Dec. 17**
- \* First-Class Mail (letters/cards and priority mail): **Dec. 10**
- \* Parcel Airlift Mail: **Dec. 3**
- \* Space Available Mail: **Nov 26**
- \* Parcel Post: **Nov. 13**

#### **Shore APO/FPO/DPO AE ZIP 093**

- \* Express mail Military Service: N/A
- \* First-Class Letters/Cards/Priority Mail: **Dec. 3**
- \* Parcel Airlift Mail: **Dec. 1**
- \* Space Available Mail: **Nov. 26**
- \* Parcel Post: **Nov. 13**

#### **For mail addressed from all shore FPOs (except 093)**

- \* Express Mail Military Service: **Dec. 17**
- \* First-Class Mail (Letters/cards, priority mail): **Dec. 10**
- \* Parcel Airlift Mail: **Dec. 3**
- \* Space Available Mail: **Nov. 26**

Express Mail Military Service (EMMS) is available from selected military post offices. If mailing to an APO/FPO address, check with your local post office to determine if this service is available. It is also recommended that customers check with their local civilian or military post office for information on size restrictions and possible need for customs declaration forms. Additionally, customers are advised that certain mail restrictions apply and some items cannot be mailed. If in doubt as to what can or cannot be sent through the mail, contact your local civilian or military post office. Customers are cautioned that packages must not be mailed in boxes that have markings related to any type of hazardous material, such as bleach, alcohol, or cleaning fluids. Parcels found by the U.S. Postal Service with such markings or labels on the outside of the box will not be processed.

[Source: NAVSUP Story Number: NNS120905-14 5 Sep 2012]



This is a list of phone numbers and websites from the 2012 Edition of the booklet: “Federal Benefits for Veterans, Dependents, and Survivors.” You can access further information at [www.ebenefits.va.gov](http://www.ebenefits.va.gov).

These websites can answer some of your questions but for available benefits that apply personally for you and your time in service, we strongly suggest that you call our office to submit claims. It’s easier to follow your claim if we start off with it in this office, otherwise it can get lost in the system. If you do submit your claim through the internet, be sure to print out a hard copy to keep with your records, and a tracking number if available.

## Phone Numbers

Bereavement Counseling .....	1-202-461-6530
Civilian Health and Medical Program(CHAMPVA) .....	1-800-733-8387
Caregiver Support .....	1-855-260-3274
Education .....	1-888-442-4551
Federal Recovery Coordination Program .....	1-877-732-4456
Foreign Medical Program .....	1-888-820-1756
Headstones and Markers .....	1-800-697-6947
Health Care .....	1-877-222-8387
Homeless Veterans.....	1-877-424-3838
Home Loans .....	1-888-827-3702
Life Insurance.....	1-800-669-8477
Veterans Crisis Line .....	1-800-273-8255
Pension Management Center.....	1-877-294-6380
Presidential Memorial Certificate Program.....	1-202-565-4964
Special Health Issues.....	1-800-749-8387
Telecommunication Device for the Deaf (TDD) .....	1-800-829-4833
VA Benefits .....	1-800-827-1000
VA Combat Call Center .....	1-877-927-8387
Women Veterans.....	1-877-222-8387

## Web Sites

Burial and Memorial Benefits.....	www.cem.va.gov
Caregiver Support .....	www.Caregiver.va.gov
CHAMPVA.....	www.va.gov/hac/forbeneficiaries/forbeneficiaries.asp
eBenefits.....	www.ebenefits.va.gov
Exposures .....	www.publichealth.va.gov/exposures
Education Benefits.....	www.gibill.va.gov
Health Care Eligibility.....	www.va.gov/healthbenefits
Home Loan Guaranty.....	www.homeloans.va.gov
Life Insurance.....	www.insurance.va.gov
Memorial Certificate Program .....	www.cem.va.gov/pmc.asp
Mental Health.....	www.mentalhealth.va.gov
MyHealthVet.....	www.myhealth.va.gov
National Resource Directory .....	www.nationalresourcedirectory.gov
Prosthetics .....	www.prosthetics.va.gov
Record .....	www.archives.gov/st-louis/military-personnel
Returning Servicemembers.....	www.oefoif.va.gov
Women Veterans.....	www.womenshealth.va.gov
VA Vet Centers .....	www.vetcenter.va.gov
VA Home Page.....	www.va.gov
VA Benefit Payment Rates.....	www.vba.va.gov/bln/21/rates
VA Forms.....	www.va.gov/vaform
Vocational Rehabilitation and Employment .....	www.vetsuccess.gov



## COMMUNITY EVENTS



If your organization has any upcoming events to benefit veterans and our military community, we can add the item to our newsletter. Our monthly circulation reaches out to many veterans, military troops, their families, and others who support our service members and veterans.

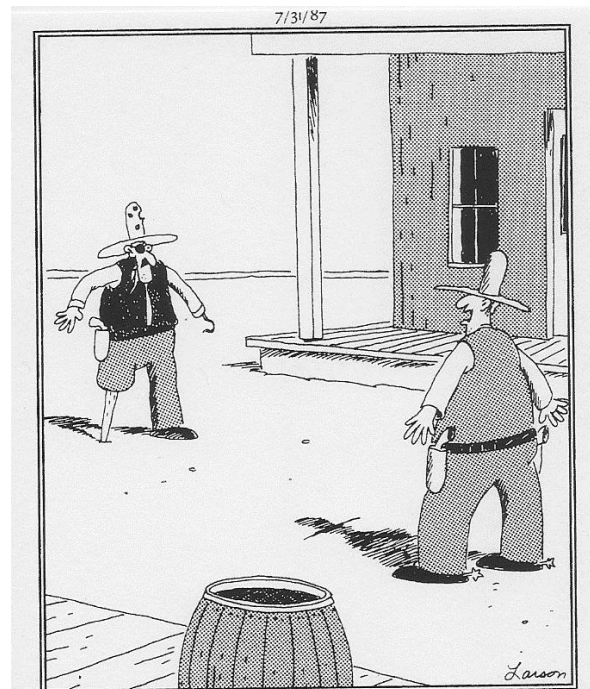
There are no fees for this type of announcement - just get the information to us as soon as possible so we can add it to the newsletter in ample time for your event, before the 15<sup>th</sup> of each month, for the following month's edition.

## ROCKVETS RADIO SHOW

While the usual RockVets Radio Show is on the first Friday of each month, we had to postpone the regularly scheduled show due to Hurricane Sandy. So you can tune in to the live show now re-scheduled for Thursday, November 8<sup>th</sup>, 2012 at 10:00 a.m.

The live call-in show phone number is 845-362-0013 and we start right after the 10:00 a.m. newsbreak. Please call in with events, information, or news of importance to veterans and our service-members, or call to ask questions about veterans' benefits, disability claims, or anything else we can help you with. We welcome your participation. Remember...this is a good format for you to speak to veterans, service-members, and their families.

*HAPPY VETERANS DAY  
TO ALL OF YOU WHO  
HAVE WORN THE  
UNIFORM ...  
WE APPRECIATE YOUR  
SERVICE!*



"Make your move, Bart—if you're feelin' lucky, that is."

## ABOUT ROCKVETS - A PROJECT OF NY VETS ©

We would like to keep you up-to-date on events and matters of interest to veterans and will be sending these newsletters regularly. If at any time you no longer wish to receive them, please send a note to [info@rockvets.com](mailto:info@rockvets.com).

Your e-mail address will immediately be deleted from our newsletter mailing list. If you find any of this information useful or newsworthy, feel free to pass it along.



*We are here to help you and all who have worn the uniform of our nation. Thank you.*

## ROCKVETS - NEWSLETTER ADVERTISING

### A new feature – by request

We've had a number of requests from people with businesses or organizations who are interested in placing an ad in our monthly newsletter. We appreciate the confidence and positive responses to the newsletter so far and hope you continue to find items of interest and helpful links. If there are any particular topics you'd like to see us highlight, please let us know. If you would like information about placing an ad, please send an e-mail to [info@rockvets.com](mailto:info@rockvets.com) or click on the rate schedule link to view our ad sizes and fees: [Advertising Rate Schedule 2012 PDF.pdf](#)

## ROCKVETS - ON THE INTERNET AND AIRWAVES

You can find information, useful links, and view our webpage at [www.rockvets.com](http://www.rockvets.com). Previous copies of our newsletters are also available on our website at: [www.rockvets.com/newsletters](http://www.rockvets.com/newsletters). You can interact with us on our facebook page: [www.facebook.com/rockvets](http://www.facebook.com/rockvets) or e-mail us at: [info@rockvets.com](mailto:info@rockvets.com).

Usually on the first Friday of each month, just after the 10:00 a.m. news-break, Rock Vets has a live call-in talk show on Rockland County's local radio station – WRCR 1300 AM. We encourage you to call-in and ask questions, and this is also a good opportunity to promote any upcoming events for your organization that would be of interest to the veteran/military community. The call-in number is 845.362.0013. The show is also live on [www.wrcr.com](http://www.wrcr.com). So please listen in, and call if you have questions or information to share. This month's radio show has been rescheduled and will air live on Thursday, November 8, 2012 at 10:00 a.m.

R.C. Veterans Service Agency – if you plan to come to the office, please call to make an appointment so we can give you the time you need - 845.638.5244.

Jerry Donnellan, Director - Veterans Service Agency of Rockland  
20 Squadron Blvd., Suite 480, New City, NY 10956

